

Army 10-Miler Update



- Concept of Operation
 - 1 Practice Time Trial
 - 1 Time Trial
 - Team announcement
 - Army 10-Miler
- Planning Calendar
 - 14 Weeks to Race Day
 - 1 Sep Practice Time Trials
 - 8 Sep Time Trials
 - 10 Sep Team
 Announcement
 - 22 Oct Enroute to Wash DC
 - 24 Oct Race Day
 - 25 Oct Enroute to Miami

Next Training 29 Jul/0600 North Entrance

Notify POC of intent to participate NLT 30 July 2004

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22 July 2004